



Bedgrove Infant School

Sun Safety Awareness Policy

January 2024

Last reviewed: Spring 2024

Next review date: Spring 2027

Appendices Included:

None

Modifications 2024:

None

At Bedgrove Infant School we want the children and staff to enjoy the sun safely and we will work with staff, pupils and parents/carers to promote sun safety awareness in the following ways:

Protection: working to provide an environment that enables pupils and staff to stay safe in the sun.

- **Shade:** Teachers will assess where best to place outside activities during the school day to take account of what shade is available at the time. At lunchtimes in extreme heat, children may spend some of their time in shade, or under the shade of trees to avoid prolonged exposure at the worst time of day.
- **Timetabling:** Staff will consider making changes to their daily timetable, when necessary, for example to allow outside learning at the cooler parts of the day. Sports Day will take place earlier in the school day so that it is finished before the hottest part of the day.
- **Clothing:** Children are to wear sun hats, whenever they are outside in the strong sun. T-shirts, which cover shoulders, are promoted as part of our sports uniform.
- **Sunscreen:** Children are encouraged to apply a long-lasting sunscreen protection before coming to school each day. If parents are concerned their child may need to reapply during the day they can provide their own **named bottle** of either **roll-on** or **spray** sun protection, not cream. These are the easiest versions for our young children to apply by themselves as staff cannot apply sun screen for the children. These named bottles will be kept in a central place in the classroom for access during the day when directed by the staff. **Sun Creams** should not be sent to school. Parents should support children in learning how to apply the sun screen independently at home so they are confident to do this in school as well as talk to them about when they might need to re-apply, before play and lunchtimes. Staff will supervise the application of sun screen to help children cover all exposed areas of skin but cannot do this for them. As such, children must learn to apply protection effectively to reduce the chance of burning. A long-lasting sunscreen of Factor 30 or above is encouraged by the school and promoted to parents/carers in school newsletters. Parents must let the school know if their child is allergic to any specific sun screen so we can safely manage application of products on children around their child.
- **Liquids:** Children are encouraged to drink regularly during the day but during extreme hot weather particular care will be taken to remind them of the need to do this. All children should have a water bottle in school each day and they have free access to refill these as they need it. Parents should remind children of the importance of drinking fluids regularly so they do this as part of their routine in school.

Education: Learning about sun safety to increase knowledge and influence behaviour

- Children will be taught sun safety throughout the year
- Reminders about sun safety will be given regularly in assemblies during the summer term and whenever necessary through the school year.

Collaboration: Working with parents/carers, governors and the wider community to reinforce awareness about sun safety and promote a healthy school

- Newsletters to parents will contain references to the school's sun safety policy and procedures. Reminders will also be placed on the website.

The School Governors will review the School's policy and procedures regularly.